



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Age Well Everyday (AWE) Programme	English	National University of Singapore (NUS)	pcmbox6@nus.edu.sg
Ageing & Life Skills	Mindful Farming	English	Social Innovation Park Ltd	6312 6200
Ageing & Life Skills	快乐 50!	Chinese	YAH!	6445 0300
Ageing & Life Skills	断舍离-生活到极致	Chinese	YAH!	6445 0300
Ageing & Life Skills	隔代教养	Chinese	Family Central	agapewong@fycc.org
Ageing & Life Skills	Baking Workshop	English	Diabetes Singapore	6564 9818
Ageing & Life Skills	Basic Eldercare Skills for Care Associates	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Basic First Aid	English	National Healthcare Group Polyclinics - Primary Care Academy	6496 6127 / 6496 6683
Ageing & Life Skills	Basics of Elder Caregiving Skills	English	Centre For Seniors	6478 5015



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Legal Preparedness	English	Society for WINGS	6250 1012
Ageing & Life Skills	Cerita Saya	Malay	En Community Services Society	9011 8125
Ageing & Life Skills	CPR + AED	English	National Healthcare Group Polyclinics - Primary Care Academy	6496 6127 / 6496 6683
Ageing & Life Skills	Creating Your Own Scented Candle	English	Nanyang Polytechnic	6451 5115
Ageing & Life Skills	Creative Nostalgia	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Culinary Herbs - Usage and Cultivation	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Decluttering	English	The Singapore Association for Continuing Education (SACE)	6266 0648



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Dementia Awareness Workshop	English	Dementia Singapore	6856 4611
Ageing & Life Skills	Dementia Care	English	Society for WINGS	6250 1012
Ageing & Life Skills	Dementia II: Care and Support	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Developing A Care Plan	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Life Script Review	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Effective Negotiation Skills	English	Singapore Polytechnic	6772 1288
Ageing & Life Skills	Emotional and Psychological Realities of Ageing	English	The Singapore Association for Continuing Education (SACE)	6266 0648



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Enabling EDIE Interactive Workshop	English	Dementia Singapore	6856 4611
Ageing & Life Skills	Enhance Personal Effectiveness at Work and Life through Memory Techniques	English	Singapore Polytechnic	6772 1288
Ageing & Life Skills	Facilitate Meaningful Interactions with Persons with Dementia	English	Dementia Singapore	6856 4611
Ageing & Life Skills	Grandparenting and Parenting for a Healthier Child	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Handyman: Electrical Appliance Repair	English	Sustainable Living Lab	9466 1315
Ageing & Life Skills	Handyman: Home Electrical Repairs	English	Sustainable Living Lab	9466 1315
Ageing & Life Skills	Handyman: Home Repair Maintenance	English	Sustainable Living Lab	9466 1315



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Handyman: Plumbing, Drywall & Adhesives	English	Sustainable Living Lab	9466 1315
Ageing & Life Skills	Hawkers Set - Traditional Malay Cooking	English	Diabetes Singapore	6564 9818
Ageing & Life Skills	Holistic Approach in Binocular Vision Management	English	Singapore Polytechnic	6772 1288
Ageing & Life Skills	Home-Cooked Meals	English	Diabetes Singapore	6564 9818
Ageing & Life Skills	Ice Cream Making Made Easy	English	Nanyang Polytechnic	6451 5115
Ageing & Life Skills	Italian Cooking Workshop: Caesar	English	Project Dignity	9853 9032
Ageing & Life Skills	Italian Cooking Workshop: Mushroom	English	Project Dignity	9853 9032
Ageing & Life Skills	Japan Cooking Workshop: Sushi	English	Project Dignity	9853 9032



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Legal Matters for Seniors	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	LifeWork II: Adapting to New Workplace	English	Centre For Seniors	6478 5015
Ageing & Life Skills	LifeWork II: Back-To-Work Seniors	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Living your Legacy now!	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Logical & Creative Decision Making	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Ageing & Life Skills	Master the Art of Influencing and Negotiating	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Ageing & Life Skills	Medical Escort Concierge Training	English	Centre For Seniors	6478 5015



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Melt and Pour Soap Making	English	Society for WINGS	6250 1012
Ageing & Life Skills	Mid-life Transition Mid-Career to New Beginning	English	Society for WINGS	6250 1012
Ageing & Life Skills	My Beautiful Colours	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Practical Project Management Skills	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Ageing & Life Skills	Preventing Dementia through Applied Neuroscience in Somatic Movement Education	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Primary Eye Care Workshop For Optometrists	English	Singapore Polytechnic	6772 1288



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Professional Image, Style & Grooming Etiquette	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Relationship Building - Communication and Motivation	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Ageing & Life Skills	Relationships Enrichment Process	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Rethink 50: Be Active & Relevant	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Rethink 50: Preparing For Change	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Sharpen Your Business Writing Skills	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Ageing & Life Skills	Strategic Career Planning, by Choice and Not by Chance	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	The Art & Style of Looking Good	English	Society for WINGS	6250 1012
Ageing & Life Skills	The Positive of Negative Emotions	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	Traditional Chinese Cooking	English	Diabetes Singapore	6564 9818
Ageing & Life Skills	Traditional Indian Cooking - North	English	Diabetes Singapore	6564 9818
Ageing & Life Skills	Traditional Indian Cooking - South	English	Diabetes Singapore	6564 9818
Ageing & Life Skills	Training for Befrienders	English	Centre For Seniors	6478 5015
Ageing & Life Skills	Understanding What You Put In Your Car Engine: Automative Fuels and Lubricants	English	Nanyang Polytechnic	6451 5115



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Category	Course Title	Language	Organisation Name	Contact Detail
Ageing & Life Skills	Use Body Language and Read People Like a Book	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	World's Hidden Epidemic - Loneliness?	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Ageing & Life Skills	准备健康的月子餐 (中级)	Chinese	Kampung Senang Charity & Education Foundation	6261 2338
Ageing & Life Skills	如何退而不休活得精彩	Chinese	En Community Services Society	9011 8125
Ageing & Life Skills	我的故事	Chinese	En Community Services Society	9011 8125
Ageing & Life Skills	活跃乐龄大使	Chinese	En Community Services Society	9011 8125
Ageing & Life Skills	自我成长	Chinese	En Community Services Society	9011 8125



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Category	Course Title	Language	Organisation Name	Contact Detail
Finance & Business	Practical Life Conversations with Seniors (Conducted Online)	English	Tsao Foundation	8733 0194
Finance & Business	So, You Want to be a Non-profit Director	English	Singapore Institute of Directors	6422 1188
Finance & Business	乐龄人生对话 (线上课程)	Chinese	Tsao Foundation	8733 0194
Finance & Business	Entrepreneurship in the GIG Economy	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Finance & Business	Entrepreneurship: Build Your Business Model & Deliver a Winning Pitch	English	Centre For Seniors	6478 5015
Finance & Business	Essentials of Personal Data Protection	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)
Finance & Business	Financial Competence for Modern Singaporeans	English	Singapore Professionals & Executives Co-Operative Ltd (SPEC)	8031 8318 (WhatsApp only)



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Category	Course Title	Language	Organisation Name	Contact Detail
Finance & Business	Financial Management Literacy for Retirement Planning	English	Centre For Seniors	6478 5015
Finance & Business	How to start a Home-Based Food Business	English	Society for WINGS	6250 1012
Finance & Business	How to start an Online Business (Level 2)	English	Society for WINGS	6250 1012
Finance & Business	Mengurus Perbelanjaan Anda Bagi Warga Emas	Malay	En Community Services Society	9011 8125
Finance & Business	Monetise your Passion 101 – How to make a living doing what you enjoy	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Finance & Business	Monetise your Passion 102 – How to make a living doing what you enjoy	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Finance & Business	Money Wisdom and Seniors	English	The Singapore Association for Continuing Education (SACE)	6266 0648



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Category	Course Title	Language	Organisation Name	Contact Detail
Finance & Business	MoneyAct	English	Society for WINGS	6250 1012
Finance & Business	Retirement - Are you financially ready?	English	Credit Counselling Singapore	6929 6947 / 6929 6917
Finance & Business	退休 - 您已经为退休生活的财务需求做好了准备?	Chinese	Credit Counselling Singapore	6929 6947 / 6929 6917
Health & Wellness	Brain Power! A Mental Fitness Programme for Seniors (Conducted Online)	English	Tsao Foundation	8733 0194
Health & Wellness	Frailty Management Workshop for the Community	English	National Healthcare Group Polyclinics - Primary Care Academy	6496 6127 / 6496 6683
Health & Wellness	Introduction to Chinese Medicine	English	Renhai Centre	6227 9238
Health & Wellness	Mindfulness For Healthy Ageing	English	NWC Longevity Practice	9687 0657
Health & Wellness	TCM Herbs: Understanding their Therapeutic Effects	English	Family Central	stella@fyccs.org



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	中医食疗药膳基础	Chinese	Family Central	tanbeekim@fyics.org
Health & Wellness	Age Gracefully: Understanding Your Medications	English	Nanyang Polytechnic	6451 5115
Health & Wellness	Aromatherapy for Everyday Use 简易日用香 熏疗法	English / Chinese	Republic Polytechnic	6510 3000
Health & Wellness	Being Here and Now – Practicing Ones Presence	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	Brain Gym for Mental Fitness	English	The Singapore Association for Continuing Education (SACE)	6266 0648



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	Brain Training for Joyful Living, Deeper Sleep, and Clarity of Mind 大脑训练 - 让生活更快乐, 睡眠更深, 头脑更清晰	English / Chinese	Kampung Senang Charity & Education Foundation	6261 2338
Health & Wellness	Breaking Fall, Not Bones – An experiential movement education	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	C3A Mental Wellbeing Curriculum - Riding the Waves of Change Smiling	English	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
Health & Wellness	C3A Mental Wellbeing Curriculum - Riding the Waves of Change Smiling	English	Credit Counselling Singapore	6929 6947 / 6929 6917
Health & Wellness	C3A Mental Wellbeing Curriculum - Riding the Waves of Change Smiling	English / Chinese	Society for WINGS	6250 1012



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	C3A Mental Wellbeing Curriculum - Riding the Waves of Change Smiling	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Health & Wellness	C3A Mental Wellbeing Curriculum - Riding the Waves of Change Smiling	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	Chinese Medicine for Health: Principles and Practice of Herbal and Other Therapies	English	Renhai Centre	6227 9238
Health & Wellness	Combating Chronic Diseases: Create Your Own Exercise Regime	English	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	6602 3115
Health & Wellness	Cooking for the Elderly and Effects of Aging on Taste	English	Nanyang Polytechnic	6451 5115
Health & Wellness	Diabetes Care - Understanding Truth and Myths (English / Malay / Tamil)	English / Malay / Tamil	Diabetes Singapore	6564 9818



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	Diabetes Empowerment Program (DEP) - Insulin (English)	English	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	9675 7011
Health & Wellness	Diabetes Empowerment Program (DEP) - Lifestyle	English	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	9675 7011
Health & Wellness	Diabetes Newbie - Building New Habits	English	Diabetes Singapore	6564 9818
Health & Wellness	Discovering TCM Acupuncture	English	NTU - Confucius Institute	6592 2538 / 6514 1398
Health & Wellness	Discovering TCM Course	English	NTU - Confucius Institute	6592 2538 / 6514 1398
Health & Wellness	Dispelling the Myth of Plant-Based Protein Diets	English	Institute of Technical Education (ITE)	1800 222 2111
Health & Wellness	DIY 中医家庭保健-中医饮食	Chinese	Kampung Senang Charity & Education Foundation	6261 2338



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	Eat Healthy & Stay Beautiful Through TCM-Infused Diet	English / Chinese	Nanyang Polytechnic	6451 5115
Health & Wellness	Elderly Eye Care 101 : Strategies to improve Vision Care in elderly people.	English	Foundation of Rotary Clubs Singapore (FRCS)	6256 1983
Health & Wellness	Elderly Nutrition 101 - Strategies to improve nutrition in elderly people.	English	Foundation of Rotary Clubs Singapore (FRCS)	6256 1983
Health & Wellness	Food for Healthy Ageing	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	How to Manage your Ache & Pain in Golden Years	English	The Singapore Association for Continuing Education (SACE)	6266 0648



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	Improve Wellness through FloorCurling	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	Living well with Diabetes	English	Diabetes Singapore	6564 9818
Health & Wellness	Medication for Common Ailments	English	Nanyang Polytechnic	6451 5115
Health & Wellness	Memory Techniques for Seniors	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	Mindfulness for Well-being	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	Nutrition for Optimum Health	English	Temasek Polytechnic	6788 1212
Health & Wellness	Nutrition Therapy for the Prevention and Management of Pre-Diabetes & Diabetes	English	Temasek Polytechnic	6788 1212



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	Regaining your Youth thru science and art of Movement	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Health & Wellness	Reverse Pre-diabetes	English	Diabetes Singapore	6564 9818
Health & Wellness	Skills for Life (Diabetes) - English	English	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	9675 7011
Health & Wellness	Skills for Life (Diabetes) - Looking after your Kidneys	English	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	9675 7011
Health & Wellness	Skills for Life (Diabetes) - Malay	Malay	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	9675 7011
Health & Wellness	The Service of Aging Gracefully: Diet, Exercise & Skin Care	English	Nanyang Polytechnic	6451 5115
Health & Wellness	Understanding Food Labels	English	Nanyang Polytechnic	6451 5115



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Category	Course Title	Language	Organisation Name	Contact Detail
Health & Wellness	Understanding knowledge on Diabetes (English / Malay / Tamil)	English / Malay / Tamil	Diabetes Singapore	6564 9818
Health & Wellness	What Does My Blood Test Tell Me?	English	Nanyang Polytechnic	6451 5115
Health & Wellness	生活技能-糖尿病管理课程	Chinese	Khoo Teck Puat Hospital - Admiralty Medical Centre (KTPH-AdMC)	9675 7011
Health & Wellness	预防跌倒与功能强化训练	Chinese	En Community Services Society	9011 8125
Health & Wellness	黄金年华之健康饮食	Chinese	Republic Polytechnic	6510 3000
Humanities	Arabic Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Bahasa Indonesia Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Chinese Level 1	English	National University of Singapore (NUS)	6516 6612



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Category	Course Title	Language	Organisation Name	Contact Detail
Humanities	Hindi Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Japanese Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Korean Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Spanish Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Tamil Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Thai Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Vietnamese Level 1	English	National University of Singapore (NUS)	6516 6612
Humanities	Business Chinese series	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Humanities	Chinese Phonetics (Hanyu Pinyin) series	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Humanities	Daily Chinese - HSK series	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Humanities	Japanese 1	English	Singapore Polytechnic	6772 1288
Humanities	Japanese 2	English	Singapore Polytechnic	6772 1288
Humanities	Japanese 3	English	Singapore Polytechnic	6772 1288
Humanities	Korean 1	English	Singapore Polytechnic	6772 1288
Humanities	Korean 2	English	Singapore Polytechnic	6772 1288
Humanities	Korean 3	English	Singapore Polytechnic	6772 1288
Humanities	Lecture Series on Historical and Cultural Heritage of China Part 1: Ancient China 古代中国的历史与文化	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Humanities	Managing Myopia from Young till Old	English	Singapore Polytechnic	6772 1288
Humanities	Survival Japanese	English	Singapore Polytechnic	6772 1288
Humanities	Survival Korean	English	Singapore Polytechnic	6772 1288



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Category	Course Title	Language	Organisation Name	Contact Detail
Humanities	The Art of Leadership: Lessons from the Ancient Chinese	English	NTU - Confucius Institute	6592 2538 / 6514 1398
Humanities	汉语拼音基础班	Chinese	En Community Services Society	9011 8125
Humanities	汉语拼音基础班	Chinese	En Community Services Society	9011 8125
IT & Science	Using Zoom 通讯应用	English / Chinese	Simple IT!	8748 8263 (WhatsApp only)
IT & Science	Advanced iOS	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Advanced Selling Online 网 店: 网上销售	English / Chinese	XIOHOO	8809 7075
IT & Science	Android 简介	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	Basic Computer (Win 10) for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Basic Computer (Windows 10)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Be An Instagrammer	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Be an Instagrammer for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Class 1 Boiler Attendant Course	English	Singapore Polytechnic	6772 1288
IT & Science	Class 2 Boiler Attendant Course	English	Singapore Polytechnic	6772 1288
IT & Science	Cloud Storage and Sharing (Dropbox) for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Cloud Storage and Sharing (Google Drive)	English	The Singapore Association for Continuing Education (SACE)	6266 0648



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	Cloud Storage and Sharing (Google Drive) for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Computing for Seniors (Windows 10)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Create Your Own Augmented Reality (AR) Applications	English	Institute of Technical Education (ITE)	1800 222 2111
IT & Science	Cyber Security and Me	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Digital Banking for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Digital Citizen	English	NTUC LearningHub	6336 5482
IT & Science	Digital Citizen Tablet Fundamentals	English	NTUC LearningHub	6336 5482



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	Digital Photo Editing	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Digital Photo Editing for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Digital Wellbeing: Using Digital Technology Well	English	Society for WINGS	6250 1012
IT & Science	E-Entertainment	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	E-Entertainment for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	E-Health & E-Wellness	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	E-Health and E-Wellness for Beginners	English	Singapore Polytechnic	6772 1288



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IT & Science	E-travel	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	E-travel for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Facebook (social media)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Facebook for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Google Photos	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Google Photos for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Government Digital Services for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Introduction to Microsoft Office	English	MENDAKI SENSE	6330 3000



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	iOS 简介	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	IT Bundle A (iOS) [SkillsFuture for Digital Community 6 Hr (EL) and Introduction to iOS (EL)]	English	RSVP Singapore	3110 3138
IT & Science	IT Bundle B (Android) [SkillsFuture for Digital Community 6 Hr (EL) and Introduction to Android (EL)]	English	RSVP Singapore	3110 3138
IT & Science	Mobile e-Payments	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Mobile e-Payments for Beginners	English	Singapore Polytechnic	6772 1288



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	Mobile E-payments 电子支付	English / Chinese	Loving Heart Multi-Service Centre	6897 4766
IT & Science	Navigating Around Singapore	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Navigating Around Singapore for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Shop & Pay Online	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Shop & Pay Online for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Silver Digital Creators - Book Authoring (Digital Photo Book)	English	NTUC LearningHub	6336 5482
IT & Science	Silver Digital Creators - Coding	English	NTUC LearningHub	6336 5482



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	Silver Digital Creators - Digital Music and Art	English	NTUC LearningHub	6336 5482
IT & Science	Silver Digital Creators - Digital Photography	English	NTUC LearningHub	6336 5482
IT & Science	Silver Digital Creators - Movie Making	English	NTUC LearningHub	6336 5482
IT & Science	Silver Digital Creators (Bundle)	English	NTUC LearningHub	6336 5482
IT & Science	Simple WebPage Design for Beginner	English	MENDAKI SENSE	6330 3000
IT & Science	SkillsFuture for Digital Community	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Smart Phones and Seniors (Android)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Staying Safe Online for Beginners	English	Singapore Polytechnic	6772 1288



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Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	TikTok	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	TikTok 抖音	English / Chinese	XIOHOO	8809 7075
IT & Science	Using Email	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Using Email for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Using Telegram 通讯应用 - 电报	English / Chinese	XIOHOO	8809 7075
IT & Science	Using WhatsApp	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Using WhatsApp for Beginners	English	Singapore Polytechnic	6772 1288



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	Using Zoom	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Using Zoom for Beginners	English	Singapore Polytechnic	6772 1288
IT & Science	Video Editing Using Smartphone 手机视频编辑	English / Chinese	XIOHOO	8809 7075
IT & Science	Zero to SEO Hero – How to Think Like a Search Engine Spider	English	The Singapore Association for Continuing Education (SACE)	6266 0648
IT & Science	Zoom for Beginners 初学者如何使用ZOOM	English / Chinese	Loving Heart Multi-Service Centre	6897 4766
IT & Science	公共服务应用程序	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	创建相册	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	技能创前程数码生活	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	智能手机中级班	Chinese	En Community Services Society	9011 8125
IT & Science	智能手机基础班	Chinese	En Community Services Society	9011 8125
IT & Science	环岛轻松行	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	电子支付	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	电子邮件	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	社交媒体 Whatsapp	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	社交媒体脸书	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	网上旅游	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	网络安全知识	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
IT & Science	高级 Android	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
IT & Science	高级 iOS	Chinese	Centre of Activity and Recreation for the Elders (CARE) 颐年中心	6533 1010 / 6533 2962
Media, Arts & Design	Art Teaching for Special Needs –Watercolour Painting (Online)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Basic Caricature Drawing	English	Family Central	stella@fyics.org
Media, Arts & Design	Social Media Branding and Design (Online)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Violin Appreciation Class (Level 1)	English	Family Central	lindachui@fyics.org
Media, Arts & Design	创意环保手工 DIY	Chinese	Family Central	tanbeekim@fyics.org



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Acting with LIFE experience	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Appreciation of Chinese Opera 戏曲欣赏与体验	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Art of Smartphone Photography Course	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Art Therapy for Preventing Dementia	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Art Therapy for Self Care	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Basic Dizi (Chinese Flute) Course 笛子初级课程	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Vocal Technique Level 1 (Online)	English	Society for WINGS	6250 1012
Media, Arts & Design	Ceramics	English	Nanyang Academy of Fine Arts	6512 1388



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Certificate in Chinese Calligraphy (Basic)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Chinese Ink Painting (Basic)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Digital Imaging	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Fashion Design	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Garment Construction	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Graphic Communication (Digital Graphics and Principles)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Graphic Communication (Layout and Type)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Infographics	English	Nanyang Academy of Fine Arts	6512 1388



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Certificate in Interior Design (3D Visualisation)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Interior Design (Technical Drawing)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Jewellery Appreciation and Fabrication	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Oil Painting (Basic)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Photography	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Printmaking (Etching and Relief Print)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Printmaking (Silkscreen Printing)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Studio Photography	English	Nanyang Academy of Fine Arts	6512 1388



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Certificate in Visual Merchandising (Experiential Spatial Design)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Watercolour Painting (Basic)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Certificate in Western Abstract Painting (Basic)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Charcoal Drawing	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Children's Art and Craft for Teachers and Parents	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Children's Book Illustration	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Chinese Calligraphy Workshop 名师学堂"文化课程: 中华书法系列	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Chinese Ink Painting Workshop “名师学堂”文化课程：中国彩墨画班	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Chinese Seal Engraving	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Choir Singing Voice Training - Intermediate	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Choir Singing Voice Training (Beginners)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Choreographed Dance Performance Training	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Conscious Dance Movement - Medicine in Motion	English	The Singapore Association for Continuing Education (SACE)	6266 0648



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Crepe Paper Flower (Level 1)	English	Society for WINGS	6250 1012
Media, Arts & Design	Digital Basic Photography (Foundation)	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Digital Basic Photography (Night & Lighting)	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Drawing Essentials (Theory and Practice)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Drawing on Nature	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Enhancement of the Healthy Voice & Help for the Troubled Voice 嗓音的运用与保健课程——让说话、讲演更具魅力	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Events Photography Course	English	The Photographic Society of Singapore	6334 3361



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Fashion Accessories Making	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Finger Painting Course 指画艺术班	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Flashlight Photography Course	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Food and Product Photography Course	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Freestyle Floral Arrangement	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Fundamental of Creative Sketching	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Graphic Design for Business and Recreation using Canva	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Guzheng Beginner Course 古筝初级班	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Intermediate Photography Course	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Introduction to Japanese Pastel NagomiArt	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Introduction to Singing	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Japanese Pastel Nagomi Art	English	Society for WINGS	6250 1012
Media, Arts & Design	Learn to play Chromatic Harmonica (Level 1)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Learn to play Chromatic Harmonica (Level 2)	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Learn Uke for Stress Relief	English	The Singapore Association for Continuing Education (SACE)	6266 0648



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Luminar Photo Editing Course	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Melody Composition Skills	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	NagomiArt with Mixed Medium	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Orchid Cultivation and Floristry	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Outdoor Sketching and Painting	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Pet Portrait with Watercolour	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Photo Stories - Photography Basics	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Photoshop for Photographers	English	The Photographic Society of Singapore	6334 3361



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Portrait Drawing (Level 1)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Portrait Drawing (Level 2)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Sing with Freedom 歌唱嗓音课程——如何拥有一副美丽的嗓音	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Singing Made Simple: The McClosky Voice Method 麦格罗斯基发声法：让您轻松放歌	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398
Media, Arts & Design	Smartphone Photography Programme	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Techniques in Watercolour(Level 1)	English	Nanyang Academy of Fine Arts	6512 1388



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Techniques in Watercolour (Level 2)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	The Art of Documentary Film & Video Production	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Travel Photography Course	English	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	Ukulele (Strum and Pluck)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Ukulele at your Fingertips	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Video Stories	English	The Singapore Association for Continuing Education (SACE)	6266 0648
Media, Arts & Design	Weiqi: The Skills and Culture (Elementary) 围棋对弈与文化 (初级)	English / Chinese	NTU - Confucius Institute	6592 2538 / 6514 1398



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	Western Painting (Acrylic/Oil) (Level 1)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Western Painting (Acrylic/Oil) (Level 2)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Western Painting (Oil) (Level 1)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Western Painting (Oil)(Level 2)	English	Nanyang Academy of Fine Arts	6512 1388
Media, Arts & Design	Zentangle® Arts & Crafts	English	Foundation of Rotary Clubs Singapore (FRCS)	6256 1983
Media, Arts & Design	基本视频制作课程	Chinese	Photo-Art Association of Singapore	8760 0362
Media, Arts & Design	影楼灯光系列 (二) 课程 (人像,静物, 创意动态)	Chinese	Photo-Art Association of Singapore	8760 0362
Media, Arts & Design	影楼灯光系列 (一) 课程 (人像)	Chinese	Photo-Art Association of Singapore	8760 0362



Full Course List by Participating Partners

Category	Course Title	Language	Organisation Name	Contact Detail
Media, Arts & Design	户外创意夜景人像摄影	Chinese	Photo-Art Association of Singapore	8760 0362
Media, Arts & Design	数码影相制作课程	Chinese	Photo-Art Association of Singapore	8760 0362
Media, Arts & Design	数码摄影基础 (一) 课程	Chinese	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	数码摄影课程	Chinese	Photo-Art Association of Singapore	8760 0362
Media, Arts & Design	数码摄影课程 (二) 光影与夜间摄影	Chinese	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	旅游摄影课程	Chinese	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	智能手机摄影课程	Chinese	The Photographic Society of Singapore	6334 3361
Media, Arts & Design	音乐祝福社区四弦琴班	Chinese	En Community Services Society	9011 8125